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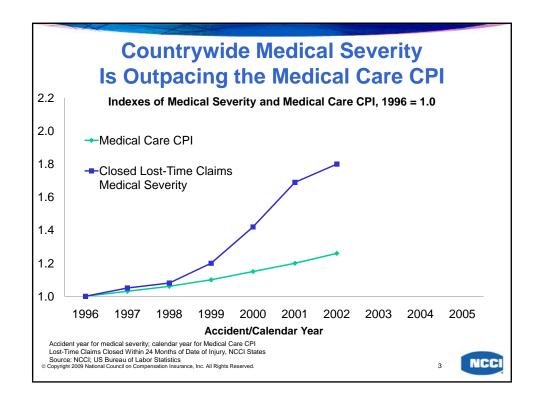


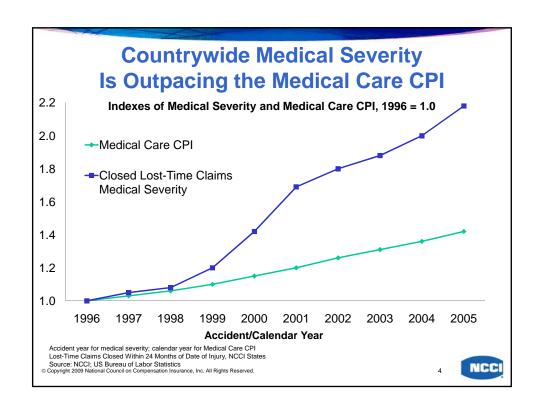
# Factors Influencing the Growth in Treatments per Claim

Presented by Tanya Restrepo

CAS Ratemaking and Product Management Seminar Trends in Workers Compensation Medical Costs March 10, 2009 Las Vegas, NV

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### **Key Findings From Phase One Study:**Quantification of Effects

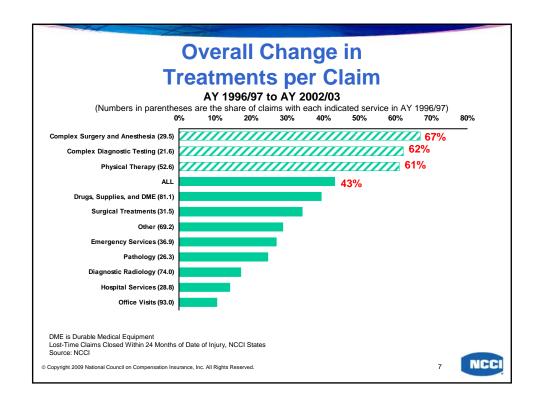
- A shift toward relatively more severe injuries accounts for roughly 20% of the increase in medical severities
- A markedly higher number of treatments per claim within each diagnosis and service category accounts for roughly 50% of the increase
- Medical care price increases and changes in treatment mix account for the remaining 30%

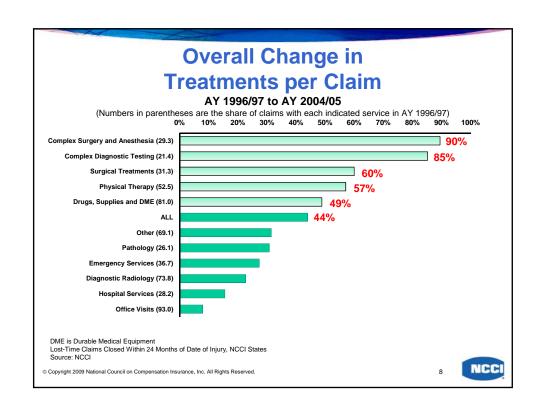
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5



## What Is Driving the Significant Increase in Treatments per Claim?





## Why Such a Large Increase in Treatments per Claim?

- Two approaches:
  - Investigate claims with and without surgery
  - Break the overall increase in treatments per claim into its components
    - O Increase in the share of claims with that service
    - O Increase in treatments per claim with that service, which can also be broken into:
      - Increase in encounters per claim with that service
      - Increase in treatments per encounter with that service

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#### **Key Findings**

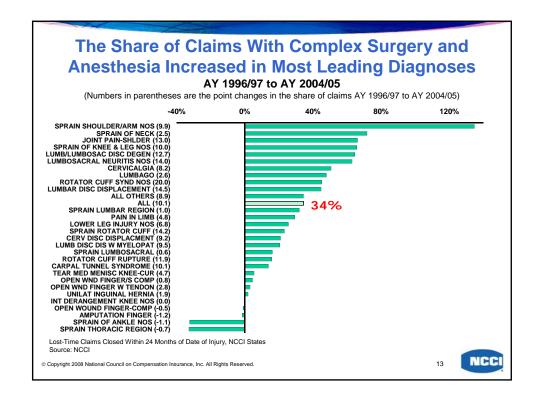
- The increase in the share of claims with surgery accounts for about a quarter of the overall increase in treatments per claim
- The primary drivers of the increase in treatments per claim varied by service group
- Treatments per claim overall are significantly impacted by physical therapy treatments, which constituted about half of all treatments per claim and have leveled off. However, many of the more cost-intensive service groups have continued to increase

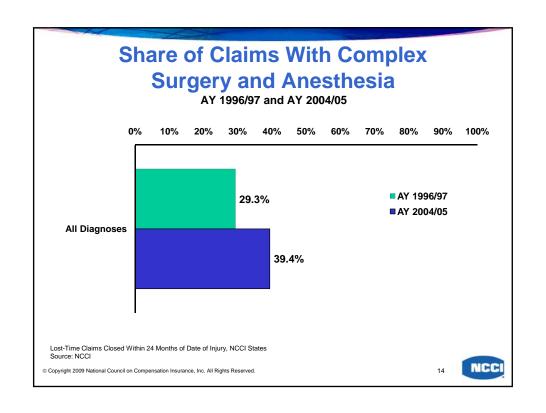
## Impact of Surgery on the Increase in Treatments per Claim

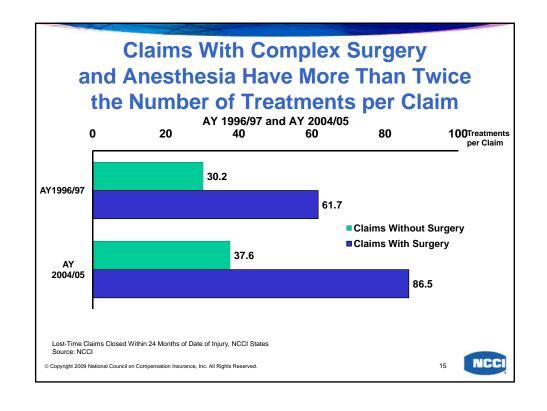
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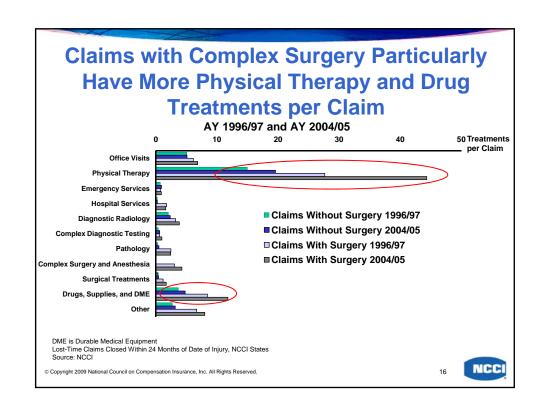
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#### The Increase in the Share of Claims With **Complex Surgery Offers a Clue** Change in Shares of Claims Receiving Indicated Service AY 1996/97 to AY 2004/05 30% 40% 50% 10% 20% 60% 70% 80% 90% Complex Diagnostic Testing Complex Surgery and Anesthesia Surgical Treatments 26% Hospital Services Physical Therapy 15% Pathology 13% 10% Other Drugs, Supplies, and DME **Emergency Services** Diagnostic Radiology Office Visits 1% DME is Durable Medical Equipment Lost-Time Claims Closed Within 24 Months of Date of Injury, NCCI States Source: NCCI NCCI © Copyright 2008 National Council on Compensation Insurance, Inc. All Rights Reserved.









# The Increase in the Share of Claims With Complex Surgery Accounts for About a Quarter of the Overall Increase in Treatments per Claim

Treatments per Claim	AY 1996/97	AY 2004/05	Change
Actual: Share of Claims with Surgery Increased 34% from 1996/97 to 2004/05	39.4	56.8	44%
If the Share of Claims with Surgery Remained Unchanged at the 1996/97 Level	39.4	51.9	32%

Lost-Time Claims Closed Within 24 Months of Date of Injury, NCCI States Source: NCCI

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## Breaking the Overall Increase in Treatments per Claim Into its Components:

- 1. Shares of Claims
- 2. Encounters per Claim
- 3. Treatments per Encounter

### Why Such a Large Increase in **Treatments per Claim?**

- Break the overall increase in treatments per claim into its components:
  - Increase in the share of claims with that service
  - Increase in treatments per claim with that service, which can also be broken into:
    - O Increase in encounters per claim with that service
    - O Increase in treatments per encounter with that service



### **Components of the Change in Treatments** per Claim

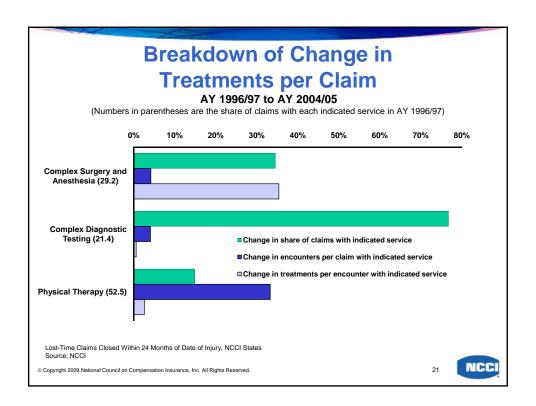
AY 1996/97 to AY 2004/05

	How much have the number of treatments per claim grown?	How much is due to more claims receiving the service?	How much is due to more treatments per claim for claims receiving the service?	Was the increase in treatments per claim for claims receiving the service due to	Or was it because there were more treatments per visit?
Service Group	(A)=(B)*(D)*(E) Ratio of treatments per claim AY 2004/05 vs. AY 1996/97	(B) Ratio of shares of claims with indicated service AY 2004/05 vs. AY 1996/97	(C)=(D)*(E) Ratio of treatments per claim with indicated service AY 2004/05 vs. AY 1996/97	more visits (encounters)? (D) Ratio of encounters per claim with indicated service AY 2004/05 vs. AY 1996/97	(E)=(C)/(D) Derived ratio of treatments per encounter with indicated service AY 2004/05 vs. AY 1996/97
Complex Surgery and Anesthesia	1.90	1.34	1.41	1.04	1.35
Complex Diagnostic Testing	1.85	1.77	1.05	1.04	1.01
Physical Therapy	1.57	1.15	1.37	1.33	1.03

Lost-Time Claims Closed Within 24 Months of Date of Injury, NCCI States Source: NCCI; differences due to rounding

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## Components of the Change in Treatments per Claim

AY 1996/97 to AY 2004/05

	How much have the number of treatments per claim grown?	How much is due to more claims receiving the service?	How much is due to more treatments per claim for claims receiving the service?	Was the increase in treatments per claim for claims receiving the service due to more visits (encounters)?	Or was it because there were more treatments per visit?
Service Group	(A)=(B)*(D)*(E) Ratio of treatments per claim AY 2004/05 vs. AY 1996/97	(B) Ratio of shares of claims with indicated service AY 2004/05 vs. AY 1996/97	(C)=(D)*(E) Ratio of treatments per claim with indicated service AY 2004/05 vs. AY 1996/97	(D) Ratio of encounters per claim with indicated service AY 2004/05 vs. AY 1996/97	(E)=(C)/(D) Derived ratio of treatments per encounter with indicated service AY 2004/05 vs. AY 1996/97
Surgical Treatments	1.60	1.31	1.22		
Drugs, Supplies and DME	1.49	1.09	1.37		

Lost-Time Claims Closed Within 24 Months of Date of Injury, NCCI States Source: NCCI; differences due to rounding

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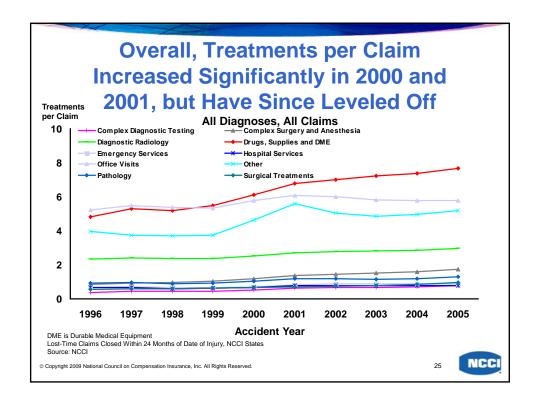


## Physical Therapy Is a Primary Factor in the Changes in Treatments per Claim

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#### **Overall, Treatments per Claim** Increased Significantly in 2000 and 2001, but Have Since Leveled Off Treatments per Claim All Diagnoses, All Claims 80 Complex Diagnostic Testing Diagnostic Radiology - Complex Surgery and Anesthesia Drugs, Supplies and DME Emergency Services 70 Hospital Services Office Visits Other -Pathology 60 -Physical Therapy - Surgical Treatment 50 40 30 20 10 0 1996 1997 1998 1999 2000 2001 2002 2003 2004 2005 **Accident Year** DME is Durable Medical Equipment Lost-Time Claims Closed Within 24 Months of Date of Injury, NCCI States Source: NCCI NCCI © Copyright 2009 National Council on Compensation Insurance, Inc. All Rights Reserved.



### **Key Findings**

### Why Such a Large Increase in Treatments per Claim?

- To some extent, it is due to an increase in shares of claims with surgery
  - For certain diagnoses, this may reflect a greater availability of arthroscopic surgical options
- Surgical claims involve more than twice the number of treatments per claim, particularly physical therapy and drug treatments
- The increase in the share of claims with surgery accounts for about a quarter of the overall increase in treatments per claim

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27



### Why Such a Large Increase in Treatments per Claim?

- The primary drivers differ by service group
- Complex Surgery and Anesthesia
  - An increase in the share of claims
  - An increase in treatments per encounter
- Complex Diagnostic Testing
  - An increase in the share of claims
- Physical Therapy
  - An increase in the number of encounters per claim
  - An increase in the share of claims

### Why Such a Large Increase in Treatments per Claim?

- The primary drivers differ by service group
- Surgical Treatments
  - An increase in the share of claims
- Drugs, Supplies, and DME
  - An increase in the number of treatments per claim receiving those services

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29



## Why Such a Large Increase in Treatments per Claim?

- Treatments per claim overall were significantly impacted by physical therapy treatments, which constituted approximately 50% of all treatments per claim.
- Overall, the most significant increases in treatments per claim occurred in 2000 and 2001, and have slowed more recently. However, many of the more cost-intensive service groups have continued to increase.

#### **Questions and More Information**

- Two papers on this subject are available for download in the Research and Outlook Section on ncci.com
  - "Measuring the Factors Driving Medical Severity: Price, Utilization, Mix" posted in Spring 2007
  - "Factors Influencing the Growth in Treatments per Claim" posted in September 2008

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