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Agenda

Electronic Health Records
Big Data
The Shift Towards Outpatient
PPACA
Where do we go From Here

Electronic Health Records

The Risks from Implementing Electronic Health Records Easing



Electronic Health Record Malpractice Risks

- EHR liability risks come from:
 - Failure to access available patient information
 - Drug interaction errors
 - Alert fatigue/Closing prompt (e.g., Rocky Mountain Spotted Fever)
 - Copy and paste errors
 - Etc.
- EHR risk management lessons learned being shared quicker than ever
 - Training seminars, conference presentations and articles
 - EHR vendors educating users based on past implementations
 - On-line education vendors

Sources: http://www.thedoctors.com/KnowledgeCenter/PatientSafety/articles/CON ID 003743

32nd PIAA Annual Meeting, Jim Saxton, EHR Risk in 2009 and Beyond

Deloitte.

The Benefits From Using Electronic Health Records are Emerging



EHR alerts increase abdominal aortic aneurysm screenings

Author Name Nicole Freeman | Date February 10, 2014 | Tagged Abdominal Aortic

- A recently published study from Kaiser Permanente has found that integrating screening alerts for abdominal aortic aneurysms (AAA) into an electronic health record (EHR) can reduce the number of at-risk patients who go without screenings by over 50 percent. The study was published in the Journal of Vascular Surgery.
- Kaiser Permanente studies have found reporting time reductions in quality measures, and a decrease in readmissions and emergency room visits for diabetic patients. The HealthConnect HER system is used in 618 medical offices and 38 hospitals, securely connecting more about 9.1 million users, and is the largest non-governmental system in the world. The system also allows researchers access to an enormous collection of medical data.



EHR-Based Screening Program for Abdominal Aortic Aneurysms Cuts the Number of Unscreened At-Risk Men by More than Half

Sources:

http://ehrintelligence.com/2014/02/10/ehr-alerts-increase-abdominal-aortic-aneurysm-screenings/ http://www.prnewswire.com/news-releases/ehr-based-screening-program-for-abdominal-aortic-aneurysms-cuts-the-number-of-unscreened-at-risk-men-by-more-than-half-244716391.html

The Benefits From Using Electronic Health Records are Emerging



Benefits of Electronic Health Records (EHRs)

When fully functional and exchangeable, the benefits of EHRs offer far more than a paper record can. EHRs:

- · Improve quality and convenience of patient care
- · Increase patient participation in their care
- · Improve accuracy of diagnoses and health outcomes
- · Improve care coordination
- · Increase practice efficiencies and cost savings

Empowering of advanced analytics

Population Management	Patient Segmentation	Patient Treatment Management
Doctor/Patient Matching	Readmission Management	Clinical Decision Support
Care Plan Follow Up	Anomaly Detection	Practice Variation

Source: http://www.healthit.gov/providers-professionals/benefits-electronic-health-records-ehrs

Big Data

Bid Data is Everywhere

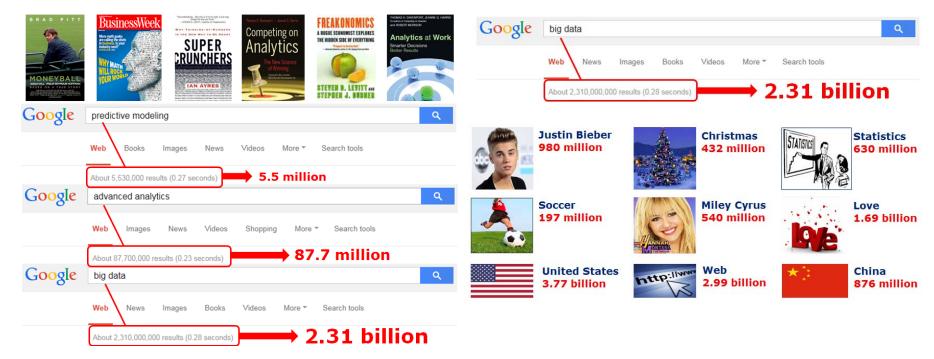


Big Data: A Revolution That Will Transform How We Live, Work, and Think Hardcover

by Viktor Mayer-Schönberger + (Author), Kenneth Cukier + (Author)

"Big data" refers to our burgeoning ability to crunch vast collections of information, analyze it instantly, and draw sometimes profoundly surprising conclusions from it.





The Importance of Data

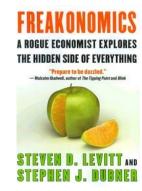
"In the past, one could get by on intuition and experience. Times have changed. Today, the name of the game is data."



Steven Levitt

The University of Chicago

Author of "Freakonomics – A Rogue Economist Explores the Hidden Side of Everything."





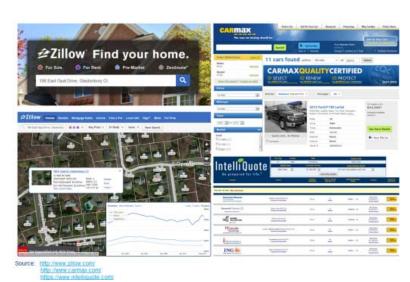


Everyday life









Hospitals putting prices online

FREE MARKET AT WORK: OKLA. CITY HOSPITAL CAUSES BIDDING WAR BY POSTING SURGERY PRICES ONLINE

energize

"When we first started we thought we were about half the price of the hospitals," Dr. Lantier said. "Then we found out we're less than half price. Then we find out we're a sixth to an eighth of what their prices are. I can't believe the average person can afford health care at these prices."

Source:

http://www.theblaze.com/stories/2013/07/12/free-market-at-work-okla-city-hospital-causes-bidding-war-by-posting-surgery-prices-online/#

Costs in our Healthcare System

The New Hork Times

As Hospital Prices Soar, a Stitch Tops \$500



Two-year-old Ben Bellar of East Lansing, Mich., getting stitches after a fall at home. The bill for his treatment came to more than \$2,000. Fabrizio Costantini for the New York

Inflated Prices

Hospital vs. Market Price

IV fluid bag

Neck brace



\$137

\$154

Under \$1

\$19.99

Echocardiogram

Knee arthroscopy





\$1,791 Hospital fee only

Includes doctor

\$2,037

\$14,110

Sources: http://www.nytimes.com/2013/12/03/health/as-hospital-costs-soar-single-stitch-tops-

500.html?hp& r=1&





- MA and NH allowing residents to search healthcare costs online
- EHR

Billing Data (ICD9, CPT) **Medications**

Lab Results Clinical Notes *X-Rays*



- Accountable Care Organizations (ACO) and measuring shared savings
 - CMS is measuring quality of care using 33 measures in 4 key domains:
 - Patient/caregiver experience (7 measures)
 - Care coordination/patient safety (6 measures)
 - Preventive health (8 measures)
 - At-risk population (i.e., Diabetes (6 measures), Hypertension (1 measure), Ischemic Vascular Disease (2 measures), Heart Failure (1 measure), Coronary Artery Disease (2 measures))
- External 3rd Party data









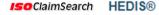


















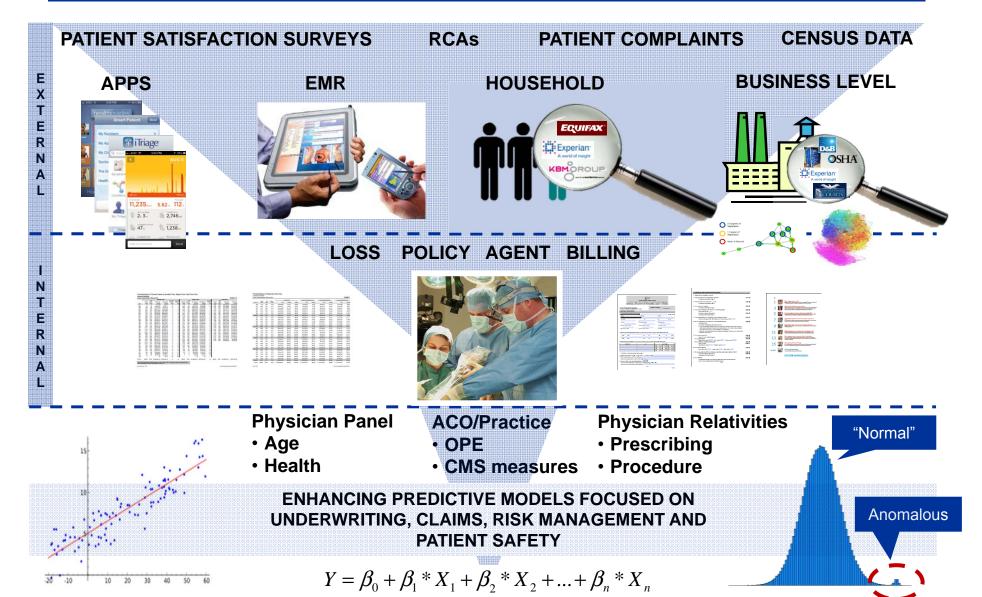






Big Data For MPL





The Importance of Data

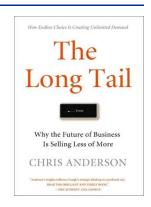
"Perhaps the most important cultural trend today: The explosion of data about every aspect of our world and the rise of applied math gurus who know how to use it."



Chris Anderson

Editor-in-chief of Wired

Author of "The Long Tail – Why the Future of Business is Selling Less of More"



The Shift Towards Outpatient

The Changing Healthcare Landscape

- The shift from fee-for-service to value-based care
 - PPACA focus on Accountable Care Organizations (ACO) and shared savings
 - Increased care coordination driven by standardized protocols and information sharing
 - Heavier focus on maximizing "value" of healthcare delivered through alignment of incentives, preventative care, reducing defensive medicine, and risk management



7 Forecasts on Hospital Inpatient, Outpatient Volumes

Written by Bob Herman (Twitter | Google+) | June 14, 2013

- Sg2 expects outpatient volumes to grow 17 percent over the next five years, while inpatient discharges may decrease by 3 percent
- Outpatient cardiovascular services are expected to swell by 15 percent over the next five years
- Outpatient bariatric surgery may increase by 75 percent over the next five years

Source:

http://www.beckershospitalreview.com/racs-/-icd-9-/-icd-10/7-forecasts-on-hospital-inpatient-outpatient-volumes.html

www.sg2.com

Shifting Focus from Inpatient to Outpatient



Capital Spending Reflects New Era in Healthcare

- The Patient Protection and Affordable Care Act (PPACA) is a game changer for hospitals and health systems, which are bracing for new reimbursement models based on value, the continued shift in patient volume from the inpatient to the outpatient setting, and the movement toward population health management.
- As a result, provider organizations are making major capital investments in their IT capabilities to increase their ability to manage patient records throughout the care continuum and reduce overutilization and duplication of services and in their ambulatory facilities to drive new levels of revenue and more inpatient referrals.
- Key changes
 - Hospitals are investing in large ambulatory care facilities
 - Most hospitals see growth opportunities in outpatient care
 - Increased referral opportunities and lower cost of care outside the hospital

Source: http://www.healthleadersmedia.com/content/FIN-300783/Capital-Spending-Reflects-New-

Era-in-Healthcare##

Shifting Focus from Inpatient to Outpatient



40 Ambulatory Surgery Center Acquisition Agreements in 2013



Edward scooping up two outpatient surgery centers for \$20 million



8 Recent Ambulatory Surgery Center Acquisitions & Affiliations

Written by Carrie Pallardy | December 05, 2013



Sources:

http://www.merritthealthcare.com/40-ambulatory-surgery-center-acquisition-agreements-2013/

http://www.chicagobusiness.com/article/20131119/NEWS03/131119755/edward-scooping-up-two-outpatient-surgery-

centers-for-20-million#

http://www.beckersasc.com/asc-transactions-and-valuation-issues/8-recent-ambulatory-surgery-center-acquisitions-

affiliations.html

http://www.tenethealth.com/Investors/Documents/Investor%20Presentations/Slides%20-

%20Tenet%20Investor%20Webinar%20-%20Outpatient%20Services.pdf

Innovative Approaches to Bringing Patients Home

PHILIPS Hospital to Home

- Philip's Intensive Ambulatory Care (IAC) program targets the 5 percent of patients with multiple chronic conditions that drive over 50 percent of healthcare costs.
 - The IAC program focuses on improving a patient's health status
 - Patients are cared for by a dedicated team of healthcare providers
 - Primary locus of care is in the home
 - Remote patient monitoring through advanced Tele Health Center and in home devices
 - Patient tablet
 - Health coach



Sources: http://www.hospitaltohome.philips.com

http://www.hospitaltohome.philips.com/programs/eIAC

Enabling connected care

PHILIPS

The Importance of Admitted Versus Under "Observation"



Medicare: Inpatient or Outpatient?

Staying in the hospital without being formally admitted can cost you thousands of dollars

Jean Arnau spent five days in the hospital with a fractured spine — lying in a hospital bed, wearing a hospital gown and ID bracelet, eating hospital food and receiving regular nursing care.

But when she was discharged and needed to transfer to a skilled nursing facility for rehabilitation, her family learned that she had never been formally admitted as an inpatient to the hospital at all. Instead, **she'd been classified as an outpatient under "observation"** — a status that would cost her thousands of dollars.

• Under the rules, Medicare picks up the whole tab for the first 20 days in an approved skilled nursing facility for rehab or other care, but only if someone has spent at least three full days in the hospital as an admitted patient. If instead a patient has been under observation — for all or part of that time — he or she is responsible for the entire cost of rehab.

Source: <a href="http://www.aarp.org/health/medicare-insurance/info-08-2012/medicare-inpatient-vs-2012

outpatient-under-observation.html

Shifting Focus from Inpatient to Outpatient

"The goal will be to manage a populations health across the care continuum, keeping patients healthy through preventable and primary care services, and *out* of acute care facilities whenever possible."



Robert York, Kenneth Kaufman, Mark Grube *Health Affairs Blog*

HealthAffairs Blog discussing the decline in utilization rates signaling a change in the inpatient business model.

Source: http://healthaffairs.org/blog/2013/03/08/decline-in-utilization-rates-signals-a-change-in-the-

inpatient-business-model/

Deloitte.

PPACA

Patient Protection and Affordable Care Act (PPACA) Considerations

- Hospitals have acquired a number of physician practices
 - PPACA driving acquisitions that help forge closer links for referrals and capitalize on shared savings from leveraging ACO models
 - Challenges for hospitals
 - New risk exposure (i.e., inpatient versus outpatient risk)
 - Span of control issues
 - Settlement "delta"
 - Challenges for MPL insurers
 - Adverse impact on top line revenue
 - Impact on expense ratio for smaller insurers as large groups depart
 - Innovating in order to stay relevant

- Aging population
 - Aging physicians
 - Physician shortages across the country when demand is on the rise
 - Long term shift away from solo and two-physician practices 78% in 1975 to just over 30% today*
 - Shift of younger physicians towards hospitalist type positions and a heavier focus on work life balance
 - Aging healthcare consumers
 - Physician panels are becoming more heavily weighted towards older Americans who have more health problems
 - PPACA messaging has increased the expectations of healthcare consumers (i.e., patients have unrealistic expectations)

Sources: *Center for Studying Health System Change's 2008 Health Tracking Physician Survey

- Emergency Department Challenges
 - Patient boarding (i.e., time from disposition to transfer for admitted patients)
 - Ambulance diversion
 - Excessive wait times
 - Patients walking out of ER before receiving treatment
 - Shortage of inpatient beds
 - Shortages of on call physicians

AND THIS WAS BEFORE THE PPACA AND THE ADDITION OF 32 MILLION INSUREDS

- Rising role of NPs and PAs in the delivery of care driven by PPACA and physician shortages
 - Numerous states are pushing legislation to permit nurse practitioners to order and interpret tests, prescribe medications, administer tests, etc.
 - Actuarial considerations
 - The shift from shared limits to separate limits... digging deep on real claims history
 - With increased responsibilities comes increased exposure (and premiums)
 - Review of rates relative to other industry leaders



Nurse Leader Insider

February 14, 2014

The Week in Nursing

FL House looks to give nurse practitioners more power

In an issue that could spur a health-care industry fight, a House select committee Monday will take up a 155-page bill that would give nurse practitioners independence to provide medical services without physician supervision. House leaders say giving more authority to nurse practitioners, at least in part, could help address a shortage of primary-care physicians in Florida. The bill would apply to a group technically known as "advanced registered nurse practitioners," who have more education and training than registered nurses. Along with applying to nurse practitioners who provide primary care, it would apply to specialists such as nurse anesthetists.

CT Governor: Let NPs work independently

Nurse practitioners would be allowed to treat patients and prescribe medications independently under a proposal by Gov. Dannel P. Malloy's administration, a potentially significant — and controversial — change in the medical landscape aimed at expanding access to primary care. The ability of nurse practitioners to work independently of doctors has long been an issue of contention between the two professions, and states vary widely in how they allow nurse practitioners to practice. But the federal health law commonly known as Obamacare puts the debate in a new context: The expansion of insurance coverage to thousands more people is expected to raise the demand for primary care, at a time when the state already faces a shortage of primary care doctors and an aging physician population.

Sources: http://www.hcpro.com/nursing

- Changing treatment options
 - "Group treatment" by physicians for diabetic and heart patients
 - Rising use of in store clinics
 - Rising use of telemedicine
 - Innovative companies providing new options for taking care of patients









What Services Can Be Provided By Telemedicine?

Sometimes telemedicine is best understood in terms of the services provided and the mechanisms used to provide those services. Here are some examples:

- Primary care and specialist referral services may involve a primary care or allied health professional providing a
 consultation with a patient or a specialist assisting the primary care physician in rendering a diagnosis. This may involve
 the use of live interactive video or the use of store and forward transmission of diagnostic images, vital signs and/or
 video clips along with patient data for later review.
- Remote patient monitoring, including home telehealth, uses devices to remotely collect and send data to a home
 health agency or a remote diagnostic testing facility (RDTF) for interpretation. Such applications might include a specific
 vital sign, such as blood glucose or heart ECG or a variety of indicators for homebound patients. Such services can be
 used to supplement the use of visiting nurses.
- Consumer medical and health information includes the use of the Internet and wireless devices for consumers to obtain
 specialized health information and on-line discussion groups to provide peer-to-peer support.
- Medical education provides continuing medical education credits for health professionals and special medical education seminars for targeted groups in remote locations.

www.americantelemed.org

Where do we go From Here?

Where Do We Go From Here?

- Flat to slightly rising frequency
- Some physician practices that become part of Hospital ACO efforts may unwind these transactions... but not enough to reverse the top line erosion MPL insurers have seen for the past few years
- Reserve releases → Two more years of reserve releases before we start to see announcements of adverse development in aggregate

Howard H. Friedman, ACAS

Co-President, Professional Liability Group; Chief Underwriting Officer, Chief Actuary & SVP, ProAssurance Corp.

Fast forward to the end of Q2, where we have the perspective of six whole months of additional data and an updated study from our independent actuaries. That data showed, among other things, a minor deviation from the still favorable trends in one state, a small amount of adverse development in one of our allied health sub-lines and a couple of other minor changes.

I want to emphasize that these are very small changes and isolated changes by themselves and it is too early to say if any are new long-term trends. But they became evident as we analyzed data for this quarter and we believe a cautious approach to such information is appropriate.

The changes that resulted from this recognition of updated data were incremental and did not move the needle to any significant extent on total reserves. But because of the size of our reserves, those minor changes in aggregate had a significant effect on the favorable development that you see in the quarter.

Sources: SNL, 2nd Quarter 2013 ProAssurance earnings call

Where Do We Go From Here?

- Severity trend → Increase... especially with a return to the inflation levels of last decade as some predict
- Interest rates → Increase... helping boost the historically low investment returns of today and the ratio of Investment Income to NEP

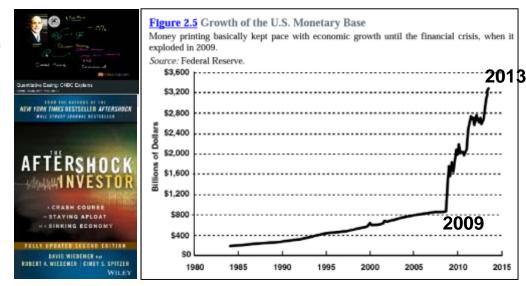
SCNBC

Ray Dalio worries the Fed's QE may run out of gas

Janet Yellen's mission impossible

The irony of Ben Bernanke's forward guidance

Is the Fed really driving up stock prices?



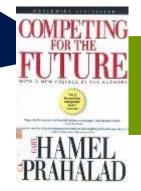
- Nobel Prize-winning economist Milton Friedman
 - "Inflation is always and everywhere a monetary phenomenon."



Where Do We Go From Here?

- Expense ratios will stabilize as we see fewer rate decreases, a declining impact of PPACA on hospitals acquiring physician practices, and ultimately a hardening market in 2017
- Innovation
 - One stop shopping (e.g., E&O, D&O, EPLI, Cyber, WC, etc.)
 - Enhanced risk management capabilities and partnerships with vendors
 - Hospital professional liability
 - TPA services

"One doesn't get to the future first by letting someone else blaze the trail."



Competing for the Future Gary Hamel and C.K. Prahalad

Speaker Bio

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- Leader of Deloitte Consulting's MPL practice and claim predictive modeling practice
- Past chairperson, Casualty Practice Council Medical Professional Liability (MPL) Subcommittee
- Official spokesperson for the American Academy of Actuaries in Washington
- Advisory board member and chairman of the annual MPL ExecuSummit
- Expert witness support, rate hearing assistance and testimony for insurance departments and MPL insurers
- Speaker, trainer and regular contributor to Contingencies Magazine, Physician Insurer Magazine and other publications on MPL and other industry issues
 - To date, Mr. Bingham has published over 60 articles/papers and has spoken at more than 80 conferences/seminars

