



**➤ CAS 2019 Spring Meeting Applying Brain Rules for Effective Presentations** 

**Beverly Phillips** Actuary USAA



## **Traditional Map or GPS?**







#### **Benefits of using GPS**





Goal = clear



Pace = measured



Stimulates your brain

#### **GPS for Presentations**





Goal = clear



Pace = measured



Stimulate their brains!



#### Goal = Clear?



# A Simple Lesson On The Power of Simplicity



## **Clarifying Your Goal**



All the things you want to say

ONE main take-away

All the things you want your audience to understand AND RETAIN



## **Clarifying Your Goal: Considerations**





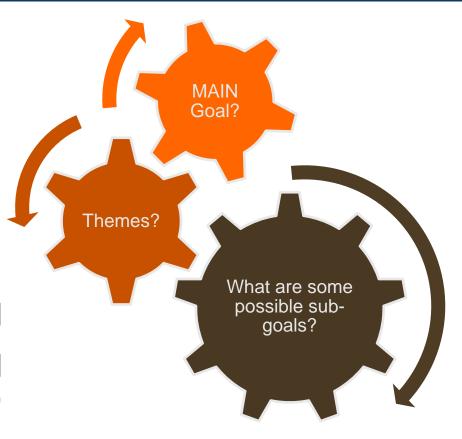


#### **Clarifying Your Goal: Example**



Your CEO says, "I'd like to see a 15-minute presentation on climate change...

...I'll let you decide what you want to include."

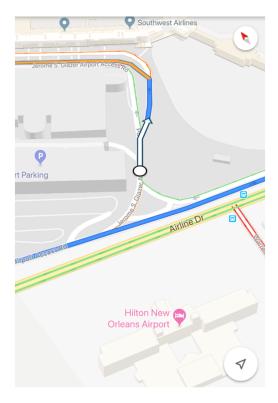




## Pace of Information



Head northeast on Jerome S. Glazer Airport Access Rd







Get on 1-19 E in Metable from Jersen e S. Choer Airport

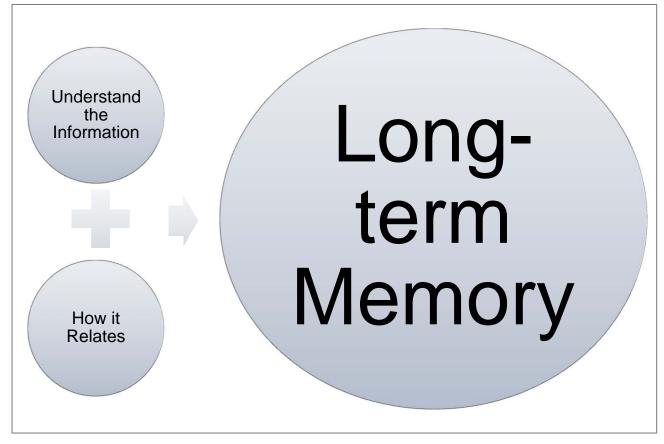




## **Pace Determines Retention**



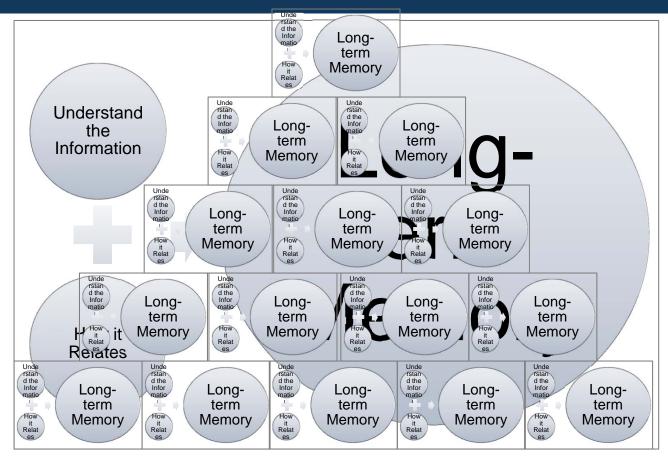
10





### **Pace Determines Retention**





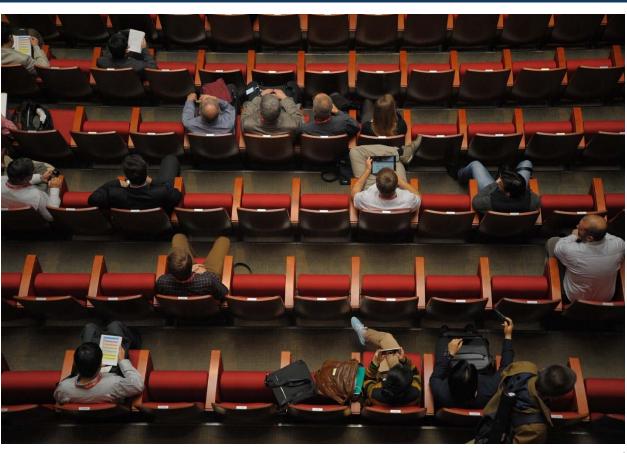


#### Stimulate the Brain



Has your mind ever wandered during a presentation







# Stimulate the Brain



What can you do to stimulate your audience's brains





## Stimulate the Brain



**Looking for** ideas on how to stimulate your audience's brains



#### **GPS for Presentations**





Goal = clear



Pace = measured



Stimulate their brains!

